

**WAIVER, RELEASE AND INDEMNITY AGREEMENT FOR
TOUR DE TRAILS 2008**

READ BEFORE SIGNING

***REGISTRATIONS WITHOUT SIGNED RELEASE
WILL NOT BE PROCESSED***

In consideration of acceptance of my entry, I hereby release, discharge, and agree to hold harmless the Columbus Park Foundation, the Columbus Parks and Recreation Department, the City of Columbus, IN, any sponsors, officials or organizers of this event and each of them together with their successors, assigns, officers, agents and employees from any and all liability for injuries to property or person suffered by me as a result of my participation in this event. By execution of this waiver, I assume all risks associated with my participation in this event including, but not limited to falls, the effects of weather, traffic, road and trail conditions, and all risks associated with running a race in an urban and rural setting whether or not such risks are specifically known or appreciated by me. I verify that am physically fit and sufficiently trained for competition in this event and that my physical condition has been verified by a licensed medical doctor. I specifically agree that it is not the duty of any of the parties listed above to check, monitor, or evaluate my physical condition for the appropriateness of my participation in this event at any time. I agree to indemnify any of the parties listed above for damages caused by me to any such party or parties and any third parties, by virtue of my participation in this event.

Signature: _____

Date: _____

DIRECTIONS TO LINCOLN PARK



From Indianapolis and points north and west:

Take I-65 South to exit 76A (Columbus/US 31 South exit). Follow US 31 into Columbus (approximately 7 miles). Turn right at the stoplight intersection with Herman Darlage Drive (Fair Oaks Mall entrance sign). Follow Herman Darlage Drive to the next stoplight intersection with 25th Street. Go through the intersection onto Lincoln Park Drive. Lincoln Park Drive will lead into a large parking lot. Park your car and proceed to the race registration area.

From Louisville and points south:

Take I-65 North to exit 68 (Columbus/SR 46 exit). On exit ramp, turn right onto SR 46 EAST. Follow SR 46 EAST for several miles, crossing through the intersection with SR 11 (traffic light) and over a large red suspension bridge into downtown Columbus. Once across the bridge, turn left at the second stoplight onto Washington Street. Follow Washington Street approximately 20 blocks to 25th Street (traffic light). Turn right onto 25th Street. Stay on 25th Street until the 5th traffic light (Lincoln Park Drive). Turn right onto Lincoln Park Drive and park in the large parking lot and proceed to the race registration area.

From Cincinnati and points east:

Follow SR 46 West into Columbus. Follow signs for 46 West until you reach the intersection of SR 46 and US 31. Follow US 31 North into Columbus. At the intersection of US 31 and 25th Street, turn left. Follow 25th Street to the stoplight intersection with Lincoln Park Drive (you will see signs for Lincoln Park). Turn left onto Lincoln Park Drive and follow it to the parking lot. Park your car and proceed to the race registration area.



COLUMBUS PARK FOUNDATION PRESENTS

THE SEVENTH ANNUAL



***NEW* 8K Race
5K Competitive Walk
FREE Kids Fun Run**

SATURDAY, APRIL 19, 2008

8:00 A.M.

**LINCOLN PARK
COLUMBUS, INDIANA**

JOIN US FOR THE 7TH ANNUAL TOUR DE TRAILS!

WHAT ARE PEOPLE TRAILS?

People Trails are running, walking and biking trails that connect our citizens with parks and places of business. People Trails encourage our citizens to use human power to commute to work and school. They offer a safe place for recreation and exercise. Plus, they are a great way to discover the beauty of Columbus, Indiana!

YOU CAN HELP GROW PEOPLE TRAILS

We need YOU to participate! Due to runner demand, we have expanded our run to an **8K course** for the first time this year. Be one of the first to run on this new, USATF certified course! The new course begins and ends at Lincoln Park along the trails and takes runners on city streets through historic neighborhoods to Donner Park, one of the most loved parks in Columbus.

Our **5K walk** covers the newest section of trails, the Haw Creek Trail, allowing participants to experience a beautiful tour of Columbus and the safety of walking on dedicated trails.

The **Kids Fun Run** allows the children of the run and walk participants the opportunity to have some fun too! All children can participate for FREE in a short run, followed by snacks!

All proceeds from this event directly support the Columbus Park Foundation and its efforts to maintain and expand the People Trails in Columbus, Indiana. The ultimate goal is to provide connections to all parts of our City and to destinations within Bartholomew County used by visitors and citizens alike.

Support People Trails in Columbus! Join us for a great morning of exercise, fresh air, and FUN!

PRE-REGISTRATION ENDS MARCH 28!

RACE INFORMATION

8K TOUR DE TRAILS RUN & 5K COMPETITIVE WALK

INDIVIDUAL REGISTRATIONS ONLY

All Events begin and end at Lincoln Park

RACE DAY REGISTRATION AVAILABLE

7:00 - 7:45 a.m. at Lincoln Park!

Run begins at 8:00 a.m.

Walk begins at 8:10 a.m.

Courses are USATF certified and will be timed.

Awards will be given to the overall male and female finishers of the race. Age division awards for ages 13-80+ are based on the number of pre-registered entries.

Refreshments will be available post-race for all participants!

REGISTER EARLY AND SAVE \$5!

Postmarked on or before March 28, 2008:

Individual (run or walk): \$15

**T-shirts included w/registration*

Postmarked after March 28, 2008 or event day registration:

Individual (run or walk): \$20

**T-shirts available on first come/first served basis*

REGISTER ONLINE OR BY PHONE!

Online at www.columbusparksandrec.com

Phone at (812) 376-2680

Major credit cards accepted

Registration Form 7th Annual Tour de Trails April 19, 2008

Name _____

Address _____

City/State/Zip _____

Email _____

Birth Date _____ Male ____ Female ____

Phone # _____

Shirt Size __ S __ M __ L __ XL __ XXL

I will be participating in (mark one)

____ Competitive 8K Race (600001-B5)

____ Competitive 5K Walk (600001-B6)

____ Kids Fun Run (free) (600001-B7)

I would like to make an additional donation.

Amount \$ _____

I would like to order additional t-shirts (\$12/shirt):

Enter # of shirts requested

Shirt Size S ____ M ____ L ____ XL ____ XXL ____

(Adult sizes only)

*****Please sign and date the release on the back
of this entry form.**

One form per entrant, please***

IF REGISTERING BY MAIL

Mail form and payment to:

Tour de Trails Run/Walk

P.O. Box 858

Columbus, IN 47202-0858

MAKE CHECKS PAYABLE TO:

COLUMBUS PARK FOUNDATION